

ArthroBrostrom[®]

The Only Arthroscopic Ankle Ligament Repair Kit

- Restores stability
- Smaller incision than an open Brostrom
- Potential for less pain and less swelling

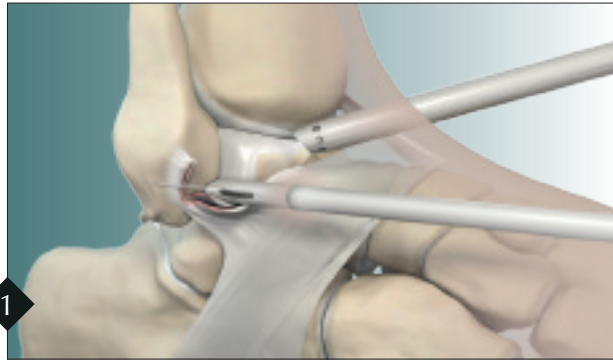


<http://tinyurl.com/arthrobrostrom-info>

This device and surgical procedure was developed in conjunction with Peter Mangone, M.D. and Jorge Acevedo, M.D.

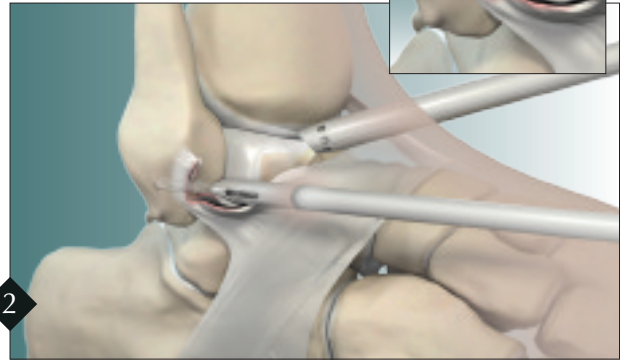
Surgical Technique Overview

Standard anteromedial and anterolateral portals are made. Viewing from the anteromedial portal, debridement of the joint is performed with particular attention paid to preparation of the anterior aspect of the distal fibula.



1

Assemble the Drill Guide, obturator and K-wire from the kit. Place through the anterolateral portal onto the inferior aspect of the fibula, approximately 1 cm proximal to the tip of the distal fibula.



2

Drill with the cannulated Step Drill until it “bottoms out” on the Drill Guide. Remove the K-wire and insert the anchor into the drill hole. Tap with a mallet until the laser line on the driver is in contact with bone (see inset).



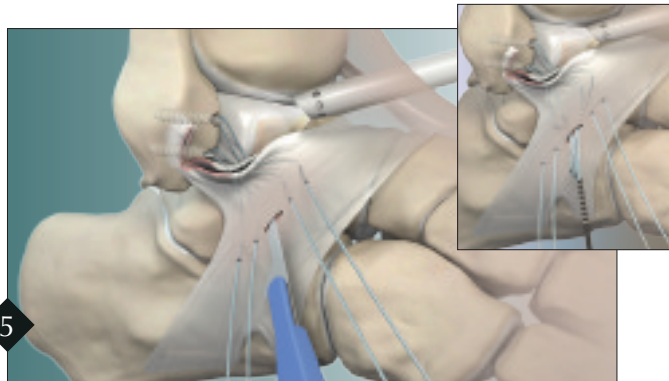
3

Pass the SutureLasso™ “inside-out” through the portal, the extensor retinaculum and capsular tissue into the joint, and then pass the nitinol wire loop through the lasso exposing the outside of the soft tissue.



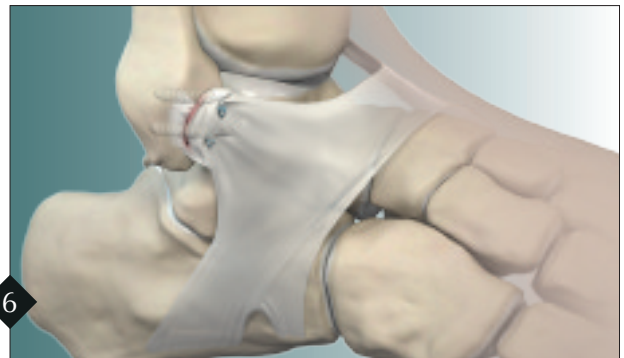
4

Repeat with the second SutureLasso 1 cm from the first suture, along the inferior extensor retinaculum. Place the second anchor 1 cm superior to the first and repeat steps 1 through 3.



5

Make a small incision (5 mm) between the inner two holes and retrieve all suture limbs through the central incision using an arthroscopic probe (see inset).



6

Bluntly dissect down to the inferior extensor retinaculum. Tie down the sutures so they lie flush on the retinaculum with distraction released and the ankle held in neutral position. All portals are closed in a routine fashion.

ArthroBrostrom Kit (AR-8936BC-CP) includes:

Arthroscopic Drill Guide
 Obturator
 Cannulated Step Drill, 2.4 mm
 Solid Step Drill, 2.4 mm
 Guidewire, 1.2 mm
 Micro SutureLasso, lateral ankle
 Micro SutureLasso, small curved
 3 mm x 14 mm BioComposite SutureTak,
 one #1 FiberWire, blue
 3 mm x 14 mm BioComposite SutureTak,
 one #1 TigerWire, white/black

Optional Accessories:

Ankle Arthroscopy Set	AR-8655S
Ankle Distractor	AR-1713S
Ankle Distraction Strap	AR-1712



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 foot & ankle procedures
 please scan the QR code

